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The Curious Nature Guide

By Clare Walker Leslie

Storey Publishing LLC. Paperback. Book Condition: new. BRAND NEW, The Curious Nature Guide, Clare Walker Leslie, With dozens of simple prompts and exercises, best-selling author, naturalist, and artist Clare Walker Leslie offers adults of all ages an invitation to step outside for just a few minutes a day, reignite the sense of wonder and curiosity about the natural world, and discover the peace and grounding that can be found by connecting to nature as part of daily life. Using photography as well as the author's own illustrations, The Curious Nature Guide invites readers to start at home, using all of their senses to notice the colors, sounds, smells, and textures of the trees, plants, animals, birds, insects, clouds, and other features that can be observed right outside their doorstep, no matter where they live. Prompts range from suggestions to note one daily exceptional nature image to learning to identify cloud types and the weather they bring, or creating a record of nature spottings on daily walks with the dog.

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