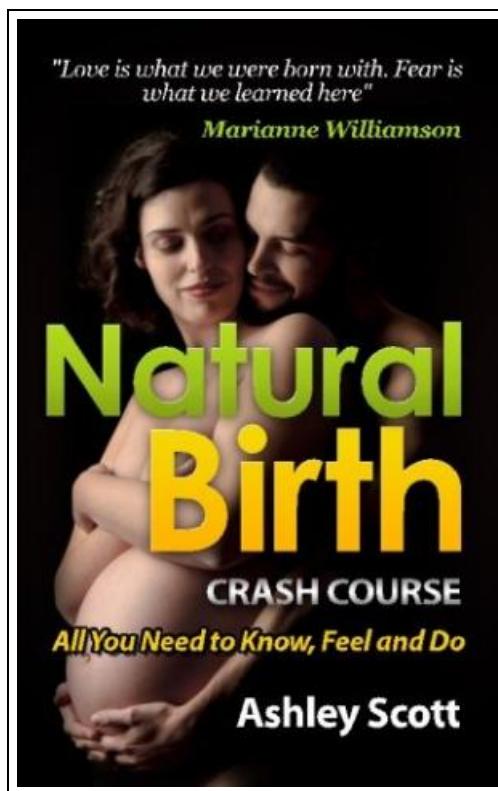


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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 96 pages. Dimensions: 8.0in. x 5.0in. x 0.2in. This publication is a must have for anyone thinking about or considering natural childbirth. It is easy to understand and learn about all aspects and topics related to this theme that gains popularity by each day. With a way of how Ashley explains and speaks here, with variety of wonderful and effective techniques there will be no questions left unanswered. Natural childbirth is more of a philosophy than a technique. This is why many tend to overcomplicate things but certainly not Ashley. If you are looking for direct, practical, honest and modern approach to natural childbirth . . . you have it, right here. It most certainly is not a new idea, for women have been giving birth for many years, and doing so with grace and dignity. It was not until the more civilised Western culture came about that our view of this completely natural process began to change. The idea behind natural childbirth has changed many times throughout the past centuries. Women were once revered and offered comfort and praise as they brought new lives into the family. As time went on however, women became shunned, and the only responsibility they had was giving birth, and if they didnt happen to survive this event, so be it. We operate from a much different standpoint in todays world. There are many options to choose from as you begin to educate yourself about your pregnancy and upcoming labor and childbirth. Natural childbirth is a philosophy that operates from the belief that women who are educated and prepared are able to give birth without any medical interventions. The present medical interventions that used to be the only option...

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