



## Aristotle on Melancholy

By Marlies ter Borg

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 74 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. ON MELANCHOLY the classic essay on creativity and mood swing by Aristotle, now in an accessible standalone version! Relevant for artists and creative writers, students in philosophy and the classics, lovers of Greek tragedy and anyone dealing with mood swing. With the explanations by philosopher Marlies ter Borg Aristotles staccato statements gain in depth and meaning. ON MELANCHOLY answers the famous question: Why do all those who have become eminent in philosophy or politics or poetry or the arts turn out to be melancholics? Dealing with the two poles of melancholy (hot and cold) he warns talented and sensitive persons that if they are not careful, they can become extremely melancholic. Deep depression and mania can lead to tragedy, as the fate of Ajax and Hercules show. The Greek philosopher urges talented persons to avoid extremes, if need be with medicine. If their melaina chol is tempered, they are men of genius. The ancient essay is surprisingly relevant today, for the debate on creativity and bipolar or manic depressive disorder. In its simplicity it is easy reading for all those dealing...

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