



Short-term Therapy for Long-Term Change (Paperback)

By Michael Alpert, David Malan, Leigh McCullough

WW Norton Co, United States, 2001. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Can the effects of early childhood traumas-traumas that may have seemed small at the time but that have affected personality development-be overcome in short-term therapy? Here, leaders in the field of short-term therapy present a definitive statement on state-of-the-art intensive dynamic short-term psychotherapy. While they have approached these questions from different perspectives, the renowned practitioners in this book note points of contact and overlap among their ideas about the underlying causes of depression, maladjustment, marital discord, character pathology, and posttraumatic stress disorders. Each outlines the precise methods he or she uses with patients to create emotional growth and reintegration, illustrating these with cases and transcripts. Their methods can be proven scientifically valid, taught to others, and reliably reproduced by effectively trained psychotherapists with a wide variety of patients. Readers will find variations on the theme of short-term therapy for long-term change. Habib Davanloo was a colleague of Malan's and has influenced Neborsky, Alpert, and McCullough. While Neborsky has devoted himself to refining and presenting clearly Davanloo's theory and method, Alpert has developed a method of accelerated empathic treatment and...

[DOWNLOAD](#)



[READ ONLINE](#)
[7.81 MB]

Reviews

The publication is great and fantastic. It can be filled with knowledge and wisdom. You won't truly feel monotony at any moment of your time (that's what catalogues are for about if you ask me).

-- **Dr. Marcos Grimes III**

This ebook is wonderful. It generally fails to price too much. Your lifestyle period will be transform as soon as you comprehensive reading this ebook.

-- **Otho Bergstrom**

Other eBooks



[California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package](#)

Pearson, United States, 2015. Loose-leaf. Book Condition: New. 10th. 249 x 201 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for...



[Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package](#)

Pearson, United States, 2015. Book. Book Condition: New. 10th. 250 x 189 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for...



[Who am I in the Lives of Children? An Introduction to Early Childhood Education](#)

Pearson Education (US), United States, 2015. Paperback. Book Condition: New. 10th Revised edition. 254 x 201 mm. Language: English . Brand New Book. Note: This is the bound book only and does not include access to the Enhanced Pearson eText. To order...



[Who Am I in the Lives of Children? an Introduction to Early Childhood Education with Enhanced Pearson Etext - Access Card Package](#)

Pearson, United States, 2015. Paperback. Book Condition: New. 10th. 251 x 203 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for...



[Studyguide for Introduction to Early Childhood Education: Preschool Through Primary Grades by Jo Ann Brewer ISBN: 9780205491452](#)

2011. Softcover. Book Condition: New. 6th. 8.25 x 11 in. Never HIGHLIGHT a Book Again! Includes all testable terms, concepts, persons, places, and events. Cram101 Just the FACTS101 studyguides gives all of the outlines, highlights, and quizzes for your textbook with optional...



[Studyguide for Introduction to Early Childhood Education: Preschool Through Primary Grades by Brewer, Jo Ann](#)

CRAM101, United States, 2013. Paperback. Book Condition: New. 279 x 210 mm. Language: English . Brand New Book ***** Print on Demand *****.Never HIGHLIGHT a Book Again! Includes all testable terms, concepts, persons, places, and events. Cram101 Just the FACTS101 studyguides gives...