



Do it Tomorrow and Other Secrets of Time Management

By Mark Forster

Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Do it Tomorrow and Other Secrets of Time Management, Mark Forster, Mark Forster's book "Get Everything Done and Still Have Time to Play" took an entirely new approach to time management. One of his most important points was that once we have taken on a commitment, prioritising does not work because we need to do everything relating to that commitment. In the six years since he wrote the book as he has reached thousands of people through writing, seminars and coaching, he has continued to develop and refine his methods. He has now perfected even more effective methods of getting everything done through the introduction of some radical new ideas, including closed lists, the manyana principle and the "will do" list. He is brilliant at helping people to use new forms of communication effectively so that they do not become a tyrant. The result is a complete system which will enable almost anyone to complete one day's work in one day.



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