



## Helping People with Disabilities Help Themselves Promoting the I CAN Attitude

By Barbara Young

AuthorHouse. Paperback. Book Condition: New. Paperback. 168 pages. Dimensions: 1.2in. x 0.8in. x 0.8in. Helping People with Disabilities Help Themselves is a book about several disabilities that people of all ages may encounter. If you are a person with a disability or know of someone who is, this book will help one cope and succeed by using positive thinking. The author, Barbara Jean Young, has over thirty-four years of experience in various areas of disabilities. As a special education teacher, a retardation specialist, a parent advisor to deaf, blind, and babies and preschoolers with multiple disabilities, and a sign language instructor, Mrs. Young has worked with people of all ages, from infants to adults, having a variety of disabilities. In this book, she tells personal stories of how she was able to help each individual live a more successful and meaningful life. Ironically, in mid-life, Mrs. Young suddenly suffered several disabilities herself resulting from a serious automobile crash involving a drunk driver. In a twist of fate, Mrs. Young had more severe disabilities than most of the people she was helping. Through this experience, she is able to provide the reader with a special insight into what it is like having...

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