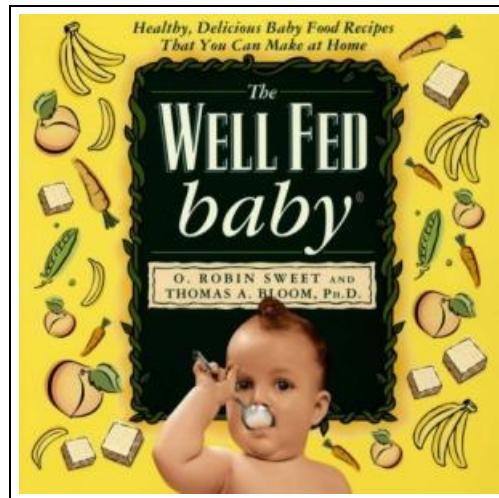


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HarperCollins Publishers Inc, United States, 2000. Paperback. Condition: New. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. Here is you source book for feeding your baby the healthy and natural way as seen on *Mothering*, the television series on Fox FX, Fox Fit TV, and Fox Health Networks. From the makers of The Well Fed Baby line of organic, soy-based baby food, this book offers parents easy-to-make, all-natural recipes as an alternative to baby food. Not only are these recipes better-tasting and healthier than processed jarred baby food, they can be made at home in just minutes and at a fraction of the cost. Some of the recipes are presented by guest chefs who share with you their favorite ways to feed their little ones. The Well Fed Baby will teach you the basics of making baby food at home, as well as the benefits of using organic foods and soy foods, and how to initiate healthy eating habits from birth. The authors guide you through the different stages of feeding your baby, from milk and strained cereal at six months to chopped foods at twelve months. Your baby will love meals such as Carrot Puree with Mint, Baked Acorn Squash and Brown Rice, and Broccoli and Chicken Dinner. And you will love knowing that you are giving the very best to your well-fed baby. The Well-Fed Baby offers parents an alternative to jarred baby food, most of which is loaded with sweeteners. Making baby food at home is easy—almost all you need are fresh fruits and vegetables and a food processor or blender. Following Robin Sweet's recipes, the results are delicious purees of apples, mangos, bananas, carrots, and other foods...

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