



## Counseling Problem Gamblers: A Self-Regulation Manual for Individual and Family Therapy (Practical Resources for the Mental Health Professional)

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By Ciarrocchi, Joseph W.

Academic Press, 2001. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Acknowledgments. List of Worksheets. The Twenty Percent Difference. The Scope of Social and Problem Gambling. Research on Causes and Treatment of Pathological Gambling. A Self-Regulation Model for Understanding Pathological Gambling. Diagnosis and Assessment of Pathological Gambling. Overview of Clinical Interventions: A Plea for Family Involvement. Motivational Enhancement, Stages of Change, and Goal-Setting. Abstinence Control and Relapse Preventions. Managing Urges Through Acceptance. Depression, Anxiety, and Guilt: Cognitive Strategies. Changing Beliefs About Gambling: The Downside of Hope. Problem-Solving and Overcoming Procrastination. Financial and Legal Issues. Couples and Family Treatment. Spirituality, Virtue, and Character: A Model for Therapist Collaboration in Long-Term Growth. References. Appendix A: National Council on Problem Gambling Affiliate List. Appendix B: Worksheets. Index.



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-- **Ryder Purdy**

*This book is really gripping and fascinating. Of course, it is actually play, nonetheless an interesting and amazing literature. You will not feel monotony at anytime of the time (that's what catalogs are for about if you request me).*

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