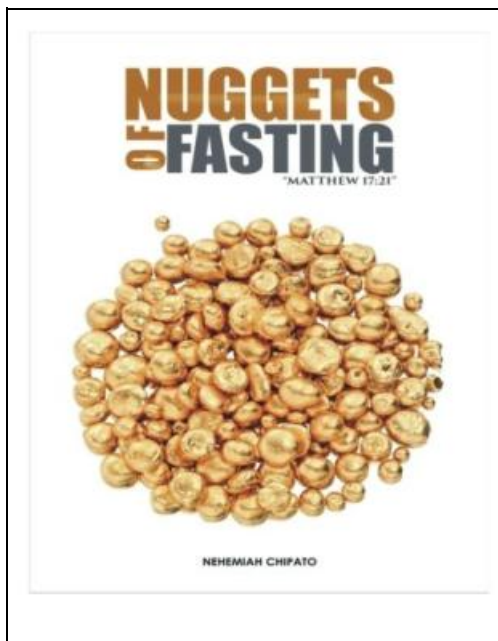


## Nuggets of Fasting (Paperback)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book provides the prescription for true fasting and classifying the benefits of true fasting that God acknowledges when we are praying and fasting in order to let the oppressed go free, to loose the bonds of wickedness, to undo the heavy burdens and break every yoke. For spiritual substances to manifest into physical life from spiritual world, one has to be qualified for it. Nuggets of Fasting gives a great value and significance on how to conduct true fasting, receive the benefits on prayer and fasting, which God acknowledges as stated in the book of Isaiah 58: 6-12. Fasting is refraining from both food and drink for spiritual purposes Esther 4: 16. It is not only abstinence from both food and drink that makes a day of fasting to be successful but something that you do decides the events of change in your life. The diligence in willingness to pray, study the word of God, memorize scriptures and giving that s gives good results. Nuggets of Fasting express measurable extent of four particular dimensions of true fasting, which God indicated to prophet Isaiah in the book of Isaiah 58: 6- 12 in order to let the oppressed go free, to loosen the bonds of wickedness, to break every yoke and to undo the heavy burdens. Thus, it gives actions as rules of engagement to obtain spiritual discipline, increase spiritual growth, resolutions of problems and purified physical body. Therefore, prayer is the only mode of communication between humanity and divinity or vice versa. Trying to shortcut or seeking the voice of God outside Jesus Christ creates the inroads of demonic attack and self-deceptions. Without prayer there is no presence of Gods voice...



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