



## Inward Forces

By Tammie Page

E-Booktime, LLC, United States, 2006. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A love affair takes Sheila on a roller coaster ride that leads to a no win relationship, and once she hits the bottom of the loop she is left with an empty feeling of being used and unappreciated. After a few laughs, a few screams, and a little bit of excitement, she finds herself sitting at the bottom of the loop alone, with low self-esteem, a broken heart, and tears running down her face. It's up to Sheila to get off the train, but she decided to take the ride over and over again. What would it take to get Sheila on the right train and headed in the right direction. Many women suffer through abusive relationships, some physical and some emotional. But the final decision to get out of the relationship lies mainly on their ability to have the courage to make a choice to get out and move on with their life. We often characterize abusive relationships as being physical. However, abusive relationships may stem from anything from mind games, control issues, verbal abuse,...

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